

## ATTRACTIONS

- Various distances and events over an accurate course generally every 2 weeks (refer to calendar or website for event dates and details)
  - Friendly atmosphere, encouraging runners and walkers of all levels
  - 2 kilometre Junior (<= 15 yrs) events – see calendar
  - Certificate of participation given to all Juniors completing the 2k events
  - Focused event distances in preparation for Brisbane and Gold Coast half and full marathons
  - Light breakfast – cereal and fruit provided for post-event nourishment
  - Random draw prizes generously provided by our Sponsors
  - Club Championships events\*\*
    - Age Category 1st, 2nd & 3rd place-getters announced on the day
    - Gold, Silver and Bronze medals presented for each Age Category place-getter on the day
  - Event results announced on the day and specially designed BRRC Winner's pottery mug awarded to 1st place-getters for each distance
  - Website results
  - Age Graded Time calculation for results (Members only)
  - Quarterly Members' magazine
  - Certified (accurately measured) 5km course
  - All BRRC events are sanctioned and permits issued by QLD Police
  - Club uniforms available for purchase
- \*\*Visitors welcome to participate in championships event/s. Overall distance place-getters will also be announced and 1st will be awarded BRRC Winner's Trophy

## Other BRRC events.....

- International Women's Day Fun Run/Walk (The Parklands, South Bank, Brisbane)
- King & Queen of the Mountain (start/finish at Slaughter Falls, Mt Coot-tha)

## THANK YOU TO OUR SPONSORS



## CLUB INFORMATION

Brisbane Road Runners Club celebrates its 30th anniversary in March 2012 and continues to provide regular events for all runners from beginner to elite and includes walkers. Our 2012 event calendar has 27 events (generally every second Sunday) during the year comprising a range of distances to satisfy all needs and abilities and now includes regular 2km Junior (<= 15 yrs) runs.

Events start and finish at the South Brisbane Sailing Club, Hill End Terrace, West End where participants, supporters and spectators can gather under large shady trees and utilise the facilities of the club-house.

Our course is a certified 5 kilometre loop along Hill End Terrace and Riverside Drive with all kilometre points marked. Multiple loops are used for events longer than 5 kilometres. Although you are responsible for your own safety, we do use traffic cones and course marshals as part of our safety and risk management strategy. All events have a police permit. Water is provided at two convenient locations. A timing clock at the finish allows you to check your time and full results are available on our website.

Ample parking is available near the venue. Members and visitors can register for all distances on the day of the event.

At our friendly events you will meet many likeminded people and enjoy your Sunday morning run, swap running experiences and discover their training techniques/programs plus information on future events.

## Brisbane Road Runners Club

**PO Box 13231, George Street, Brisbane QLD 4003**

**Phone 07 3374 4704**

**Email [run@brisbaneroadrunners.org](mailto:run@brisbaneroadrunners.org)**

**Web [brisbaneroadrunners.org](http://brisbaneroadrunners.org)**

The **International Women's Day Fun/Run Walk**, an event owned and organised by BRRC is a major fund raising initiative. 2012 is the 21st year of this event, for more info visit **[womensdayfunrun.com.au](http://womensdayfunrun.com.au)**

*"inspiring women and girls and celebrating their achievements"*



# 2012

## CALENDAR OF EVENTS

The Brisbane Road Runners Club, established in 1982, continues to provide regular events for all runners from beginner to elite and includes walkers. Our annual Calendar of Events comprises of a range of distances to satisfy all needs and abilities, including regular 2k Junior events.



[brisbaneroadrunners.org](http://brisbaneroadrunners.org)





# BRRC CALENDAR OF EVENTS 2012

Sunday	Event 1	Start 1	Event 2	Start 2	Sponsor
01-Jan-12	10k - no watches	6am	5k	6:30am	The Run Inn
15-Jan-12	14k Club Champs	6am	7k / 2k **	6:30am	Active Stride
29-Jan-12	"Bring a Friend" 15k & 10k	6am	"Bring a Friend" 5k / 2k **	6:30am	Active Stride
12-Feb-12	10 mile	6am	5 mile	6:30am	Active Stride
26-Feb-12	Half Marathon Club Champs	6am	10k & 5k	6:30am	Intraining
04-Mar-12	15k & 10k	6am	5k	6:30am	NR Chi
11-Mar-12	International Women's Day Fun Run/Walk womensdayfunrun.com.au			7am	RACQ Insurance
18-Mar-12	Twilight Running Festival (non Club event)				
25-Mar-12	10k Club Champs	6am	5k	6:30am	The Run Inn
15-Apr-12	20k & 15k	6am	10k & 5k / 2k **	6:30am	Intraining
29-Apr-12	20k & 15k	6am	10k & 5k	6:30am	Active Stride
13-May-12	14k	6:30am	7k Club Champs / 2k **	7am	The Run Inn
27-May-12	10k Handicap	6:30am	5k	7am	Intraining
03-Jun-12	Queensland Half Marathon (non Club event)				
10-Jun-12	5 - 35k Self-select	6:30am			The Run Inn
11-Jun-12	King & Queen of Mt Coot-tha*			7am	NR Chi
17-Jun-12	10k	6:30am	5k / 2k **	7am	Intraining
01-Jul-12	Gold Coast Airport Marathon (non Club event)				
08-Jul-12	10k / 10k Novice	6:30am	5k	7am	The Run Inn
22-Jul-12	5 - 20k self-select	6:30am			Intraining
05-Aug-12	Brisbane Running Festival (non Club event)				
12-Aug-12	15k & 10k	6:30am	5k / 2k **	7am	NR Chi
26-Aug-12	Robin Flower Memorial and 10 mile Club Champs	6:30am	5 mile	7am	The Run Inn
09-Sep-12	10k	6:30am	5k / 2k **	7am	Active Stride
23-Sep-12	20k & 15k	6:30am	10k & 5k	7am	Intraining
07-Oct-12	3 person x 5k relay	6am			Active Stride
21-Oct-12	15k Club Champs	6am	5k / 2k **	6:30am	The Run Inn
04-Nov-12	10k Handicap	6am	5k	6:30am	NR Chi
18-Nov-12	10k	6am	5k / 2k **	6:30am	NR Chi
02-Dec-12	10k	6am	5k Club Champs (followed by AGM)	6:30am	NR Chi
16-Dec-12	Dash & Splash ^			7am	Active Stride
06-Jan-13	10k - no watches	6am	5k	6:30am	Intraining

## LOCATION

The Brisbane Road Runners Club conducts events generally every second Sunday morning (refer calendar for full details).

All events start at the **South Brisbane Sailing Club, Hill End Terrace, West End.**

## MEMBERSHIP

### CLUB MEMBERSHIP FOR THE YEAR (JAN – DEC) IS:

Single Adult (over 15 yrs)	\$20
Students (18 yrs or under - proof of age required)	\$10
Family (2 Adults & 2 Children - 15 yrs or under)	\$40

## EVENT Day fees

Members: Adult	\$ 5
Members: Junior 15 yrs or under	\$ 2
Visitors: Adult	\$10
Visitors: Junior 15 yrs or under	\$ 4
Breakfast only: Per Adult or Child	\$ 4

## Club Roster System ^

Club Members are asked to support the Club by participating in the Club's roster system (usually once a year) as time-keepers, marshals, water station attendants and registration desk duties, to help us provide a safe and enjoyable running event for everyone.

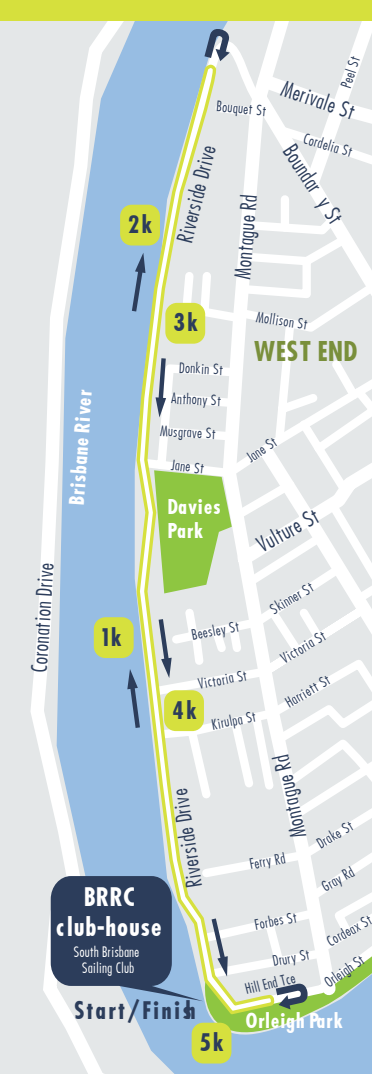
Rosters are printed in the Club's Quarterly Magazine.

^A **free run voucher** is issued to all members who complete their assigned roster duty, in recognition of their invaluable support for the club and fellow runners.

**Present this brochure when you join and as a new BRRC Member get your first run free**

(Not to be used in conjunction with any other offers).

## COURSE



\* Monday Public Holiday - start JC Slaughter Falls, Mt Coot-tha \*\* Start five (5) minutes after Start #2  
 ^ 5k run with 100 metre swim - location to be advised / 2k run with 50 metre swim - location to be advised  
 k = kilometre Club's AGM - Sunday 2 December 2012 - immediately after Club event approx. 9am